

Metro Cebu
Rotary
Club



**Official bulletin of the Rotary Club of Metro Cebu
District 3860 Philippines
Admitted to Rotary International: 03 June 1978
Club ID: 17123**

**The Rotary Club of Metro Cebu (RCMC) meets every 1st and 3rd Wednesday of the month
12Noon at the Casino Español de Cebu, Ranudo St., Cebu City, Philippines**



The Four-Way Test

of the things we think, say or do.

- 1 Is it the truth?
- 2 Is it fair to all concerned?
- 3 Will it build goodwill and better friendships?
- 4 Will it be beneficial to all concerned?



OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1 The development of acquaintance as an opportunity for service;
- 2 High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3 The application of the ideal of service in each Rotarian's personal, business, and community life;
- 4 The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

ROTARIAN'S PLEDGE:

I am a Rotarian
I will always uphold the **TRUTH**.

I am a Rotarian
I will always strive to be **FAIR** in all my dealings with my Fellowmen.

I am a Rotarian
I will always endeavor to build **GOODWILL** and **UNDERSTANDING** in my community, among my countrymen and people of all nations.

I am a Rotarian
I will always seek to promote the greatest good for the greatest number of people in the spirit of **ROTARY SERVICE**.

I am a Rotarian
I will always uphold the Rotary International Motto, **SERVICE ABOVE SELF**.



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DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT



ROTARY CLUB OF METRO CEBU
RI DISTRICT 3860, CLUB NO. 17123

Casino Español de Cebu
Ranudo St., Cebu City

Meets every 1st and 3rd Wednesday of the Month, 12 NN

WELCOME TO OUR BI-MONTHLY REGULAR MEETING

March 19, 2025

PROGRAM

1. Call To Order by Pres. Ma. Emma A. Ramas
2. Invocation, Philippine National Anthem and Rotary Hymn
3. Four Way Test
4. The Rotarian's Pledge
5. Fellowship Singing
6. Introduction of Guest and Visiting Rotarians
7. Secretary's Report
8. President's Report
9. Rotaract Corner and Other Matters
10. Adjournment



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ROTARY HYMN

I want to be a Rotarian for the world
Make the Rotary flag as the flag of peace unfurled
I shall serve, my community, help achieve universal unity.

Through Rotary, I shall dedicate my all
World understanding shall be my cherished goal

With the 4-way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world, I shall not have lived in vain

I observe service above self
Lend a hand to all who need my help
I'll get my spouse to involve in Rotary
And in Rotary ways, I will train my family

With the four way test, we'll pursue our quest
And if we, in a way help obtain
Peace in the world, we shall not have lived in vain.

Build a bridge for tomorrow's youth
Strengthened by nothing but the truth

Let's join our hands, there's no reason we'll divide
We shall all understand why the good Lord is our guide

With the four way test, ill pursue my quest
And if I, in a way help obtain
Peace in the world I shall not have lived in vain

Peace be achieved, we shall have not lived
in vain.



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Rotary International Events



- **Event:** Rotary District 3860 District Conference (DISCON 2025)
- **Date:** May 30-31, 2025
- **Location:** Palo Convention Center



- **Event:** Rotary International Convention 2025
- **Date:** June 21-25, 2025
- **Location:** Calgary, Canada

MAGIC ALL AROUND
21-25 JUNE 2025 • CALGARY, CANADA

REGISTRATION CATEGORY	25-29 MAY 2024	30 MAY 2024 TO 15 DECEMBER 2024	16 DECEMBER 2024 TO 31 MARCH 2025	1 APRIL 2025 TO 25 JUNE 2025
Club member, nonmember, or guest, age 31 or over	\$475	\$525	\$625	\$695
Club member, nonmember, or guest, age 30 or under	\$150	\$175	\$225	\$275
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100

All amounts are in U.S. dollars.

Register today at convention.rotary.org
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Secretary's Time



Dear Fellow Rotarians,

Warm Greetings!

Thank you for your attendance in today's meeting!

These are the matters taken up during the meeting last March 05, 2025:

- Talk by the Guest Speaker

The guest speaker, Rosario Antoinette R. Rama gave a very passionate presentation on the cause for abandoned, abused and neglected children as a volunteer for KALIPAY FOUNDATION based in Bacolod. She is a volunteer helping the foundation secure donations to sustain the funding needs of its programs.

She has expressed her intention to become a member of RCMC and hopes to be able to help KALIPAY FOUNDATION to continue its services for its beneficiaries. A fundraising activity which can be done by the foundation and availing of possible services of RCMC members were suggested.

- President's Report was read by PE Evelyn Nuñez in the absence of Pres. Emma and VP Glenda who both cannot make it today.
- Secretary's report was read by the Sec and PE Evelyn Nuñez.
- The E copy of the TANLAG has been posted for everyone to read. Thanks to Bing Cruz and Mimi Acasio for the timely bi monthly issue of the TANLAG.
- Our school and Community based Rotaractors who attended the meeting today reminded us of their upcoming RDLS this May in Cotabato.



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Secretary's Time

Thanks to Dr. Wyben who contributed P10k to help defray the required expenses of the participating Rotaractors.

- In celebration of the Women's month, the District is inviting Rotarians to attend the Women Empowerment Forum on March 16, 2025.
- Another reminder, please for those who have not paid their membership dues.

Meeting was adjourned at 2:40 pm.

Thanks, everyone for the pleasure of your company today!

Yours in Rotary,

Atty. Evelyn Trani Nuñez
Secretary
Rotary Club of Metro Cebu



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President's Time



PRESIDENT'S REPORT Rotary Club of Metro Cebu

March 19, 2025

Dear Fellow Rotarians,

I hope this message finds you all in good health and high spirits.

This period has been another fruitful one for our club, and I am excited to share the highlights with you.

➤ **Women Empowerment Forum**

On March 16, 2025, our club successfully hosted the **Women Empowerment Forum**, a highly anticipated event that took place from 9:00 am to 2:00 pm at **Casino Espanol de Cebu**. The forum brought together distinguished speakers, professionals, and leaders to discuss key issues surrounding the empowerment of women in our society. It was an inspiring and engaging event, and I am thankful of everyone's efforts in organizing and supporting this initiative.

A special thank you to Dr. Glenda Miro Antonio, RCMC members, and volunteers for organizing the event. The insights shared during the forum have undoubtedly contributed to the advancement of women's rights and empowerment in Cebu and beyond.



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President's Time

➤ Rotary District 3860 Governor's Night

I would like to encourage all members to join us at the Rotary District 3860 Governor's Night on March 22, 2025, at The Event's Place in Panagdait, Cebu City. This event will be a fantastic opportunity for fellowship, networking, and strengthening our ties with fellow Rotarians from other clubs in the district. It will also serve as a great occasion to show our support for the District Governor's initiatives. Let us all make an effort to attend and represent our club proudly.

➤ Annual Dues Reminder

A quick reminder to all members to please settle your **annual dues** at your earliest convenience. These dues will be forwarded to Rotary International to settle our second semester invoice of P72,848.00, to the Polio Fund of P17,400.00, EREY of P43,500.00 and the Philippine Rotary Magazine of P4,500.00. We will greatly appreciate your timely contributions.

Thank you to everyone for your dedication and participation in the various activities of the Rotary Club of Metro Cebu. Let's continue to work together to make a positive impact in our community.

Let's stay motivated, engaged, and committed to Rotary's core values of service above self. I look forward to seeing you at the Governor's Night on March 22.

Yours in Rotary,

Ma. Emma A. Ramas

President

Rotary Club of Metro Cebu



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RCMC in Action

RCMC Regular Membership meeting (08 Mar. 2025)

The Rotary Club of Metro Cebu held its regular membership meeting last March 08, 2025 at the Casino Español de Cebu. Guest speaker is Ms. Rosario Antoinette R. Rama, who presented about the Kalipay Foundation, a non-profit foundation working for the causes of disadvantaged children, located in Negros Occidental.

Also during the meeting, the presidents of our Rotaractors informed the club of the coming district activity: Rotaract District Learning Seminar (RDLS) 2025 at Koronadal, South Cotabato from May 2-4, 2025.

PADG Dr. Wyben Briones donated Php10k to the Rotaractors for the RDLS registration.



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RCMC in Action

RCMC Hosting the Women Empowerment Forum (16 Mar. 2025)

In observance of National Women’s Month, RCMC hosted the Women Empowerment Forum at the Casino Español de Cebu last March 16, 2025, where our PE Atty. Evelyn Trani Nuñez was part of the speakers.

Atty. Evelyn’s talk centered on the Power of Women Leading Advocacy for Women’s Rights. Atty. Evelyn has been on the forefront of educating the masses on the VAWC (Violence Against Women and Children) Law in the various outreach project of the club.



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Rotaract Corner

❖ Projects



PROJECT EMPLOYABLE 1

Summary: Help establish a learning hub in Brgy Manduang and donate Chromebooks (Educational laptops) to the hub.

Beneficiaries: 20 Beneficiaries (ages 16-20) in Brgy. Manduang, Minglanilla, Cebu

Project Theme/s: Basic Education and Literacy | Economic Development

Project date: April 26, 2025



PROJECT MOSTKEYTO

Summary: a school-based initiative that promotes dengue awareness and natural mosquito prevention through education, citronella plant distribution, larvicide use, and a homemade repellent workshop.

Beneficiaries: 40 students (Grade 6) from Talamban Elementary School

Project Theme/s: Basic Education and Literacy | WASH

Project date: April 12, 2025

PROJECT TITLE: SHE KNOWS! - MENSTRUAL HEALTH AND PCOS AWARENESS SEMINAR

PROJECT DESCRIPTION:

SHE KNOWS! - Menstrual Health and PCOS Awareness Seminar is an educational initiative aimed at empowering individuals with knowledge about menstrual health and Polycystic Ovary Syndrome (PCOS). This seminar will provide essential information on menstrual hygiene, common reproductive health concerns, and PCOS management. Through expert talks and interactive discussions, participants will gain a deeper understanding of their bodies, breaking stigma and promoting well-being.

Project Date: **March 30, 2025**

Venue: **Brgy. Kinasang-an Multipurpose building**



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Upcoming Projects



Clear your schedule on the following dates!



March 5
Wednesday

Regular Meeting
Time: 12:00 NN - 2:00 PM
Venue: Casino Español de Cebu
Assessment: P500.00



March 16
Sunday

Women Empowerment Forum
Time: 8:00 AM - 1:00 PM
Venue: Casino Español de Cebu
Assessment: P1,500.00



March 19
Wednesday

Regular Meeting
Time: 12:00 NN - 2:00 PM
Venue: Casino Español de Cebu
Assessment: P500.00



Clear your schedule on the following dates!



March 22
Saturday

Governor's Night
Time: 5:00 PM
Venue: The Events Space,
Mabolo, Cebu City
Assessment: P1,500.00
(Early Bird Promo until March 15)



March 29
Saturday

Area Coordination Meeting



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Invocation

Dear God,

Thank you for our Rotary meeting. For everyone that puts something into it, and everyone that gets something out of it. We invoke your blessings on this meeting and all who grace it with their presence. Lord, help us to be gentle with ourselves and one another. Be with us this day and always by strengthening our belief in the ultimate triumph of truth and right.

This prayer we make, in the name of the Lord Jesus, our way, our truth and life.

Amen.



RI DISTRICT 3860

Certificate of Attendance

This is to certify that _____ of the Rotary Club of _____ has attended the regular weekly meeting of the club on _____, 20__ at the Casino Espanol de Cebu, Ranudo St., Cebu City.

President / Secretary
RY 2024 - 2025



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Matthew 22:36**



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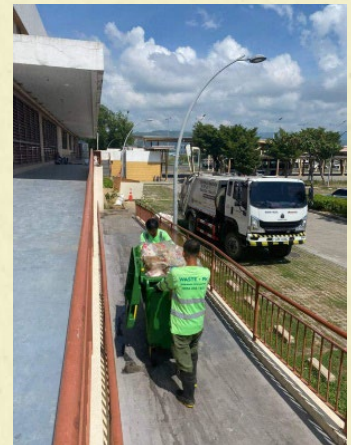
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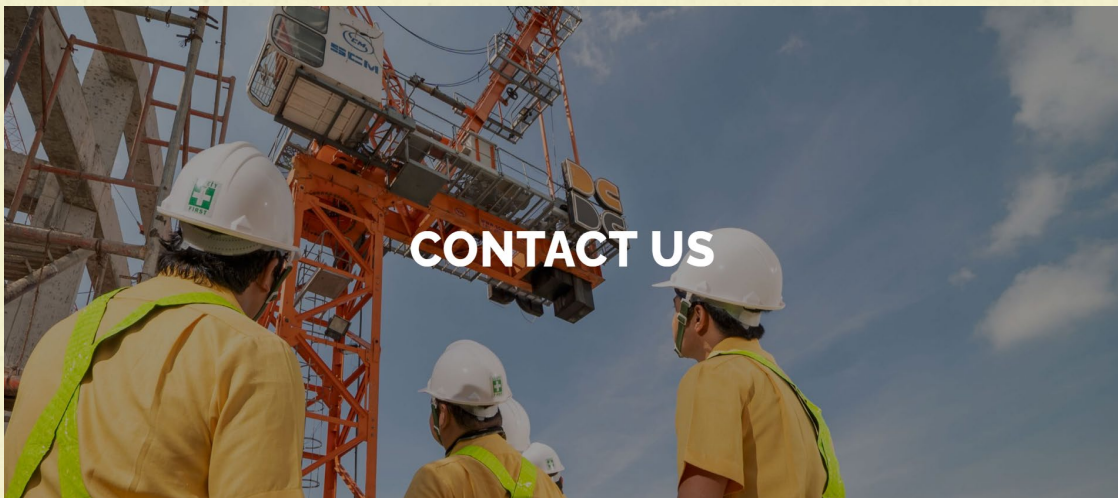


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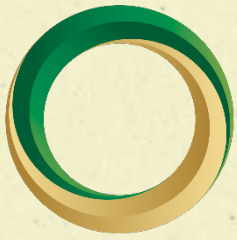
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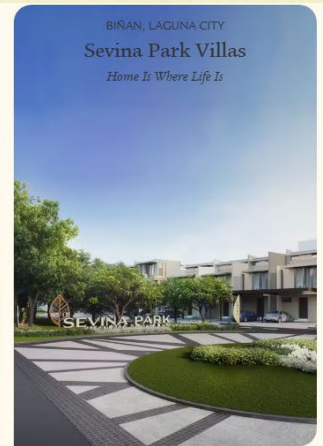
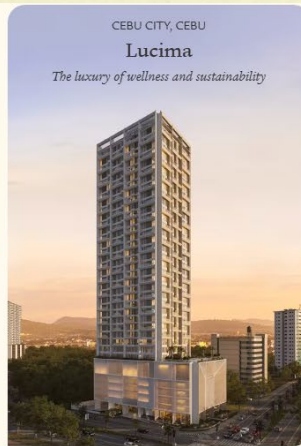
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DISEASE PREVENTION
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WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT